

NEWSLETTER WEEK 8, TERM 3



CONSERVATION WEEK 2022

Kia ora koutou katoa,

New Zealand will mark the passing of Queen Elizabeth II with a one-off public holiday on Monday 26 September 2022. This means that Murupara Area School will be closed. This is a day to be together as a whānau and remember a life of service.

Kua hinga te tōtara o te wao nui a Tāne

As you will be aware the Government has removed the COVID-19 Protection Framework and we have moved to a new long-term approach to managing COVID-19. What this means for us here at MAS is that masks are no longer strongly recommended and wearing a mask becomes a choice. Masks continue to be one of a number of tools (layers of protection) that can be used to minimise spread of infectious illnesses in school, so those who choose to wear a mask will be supported to do so.

Household contacts, including those who have not had COVID-19 in the past 90 days, do not need to isolate for seven days. Household contacts are recommended to test daily for five days from when the case in their household tests positive and wear a mask when they are out. If they then test positive, they are a 'case' and are required to complete seven days of isolation. Household contacts who have COVID-19 symptoms should stay home regardless of the result of their rapid antigen test (RAT). People with COVID-19 must continue to self-isolate for seven days. Don't forget the continuing protections which include:

- free vaccinations
- free boosters for eligible people
- free P2/N95 masks for eligible people
- free RATs (rapid antigen tests)
- free antiviral medication for eligible people, including widening eligibility criteria to all New Zealanders 65 and over, all Māori and Pacific peoples aged 50 and over and those with three high-risk medication conditions.

NCEA exams are nearly upon us. Please help your child to study hard and get all their internal assessments completed. StudyIt forums for NCEA students are now open, click on the link you were emailed from the school. StudyIt forums for students gives them a Place to discuss NCEA achievement standards and seek general study and exam advice, including tips on how to study smart. It is a great resource that I would encourage all our Senior students to use.

Lastly, we are Still missing emails for many parents/caregivers. Please let the Office know your email so we can send you information such as this newsletter electronically and keep you informed of all the activities, events and opportunities at the school.

Ngā mihi

Dr Angela Sharples, MNZM

IMPORTANT INFO

School Term Dates 2022

Term 3 25th July – 30th Sep

Term 4 17th Oct – 13th Dec

UPCOMING EVENTS

Board Meeting - 20th September

CBOP Volleyball Festival - 21st September

Whip and Grip MTB Event for Yr 4-8 - 27th September

Y7-Y9 Ohope Beach Camp - 26th-28th October

Community Events Day - November 5th

Teacher Only Days - Dec 1st and 2nd SCHOOL CLOSED

PH: 07 3665 602

EMAIL: office@mas.school.nz

Please contact us with any enquiries and if your child will be absent.

OFFICE NOTICEBOARD

Kia ora everyone. A few important pānui from us here at the office:

- We need up to date contact details for caregivers and emergency contacts as we have been unable to reach a number of you. If you have changed your phone number or email recently or moved give us a call at the office 07 3665 602 and update your details please.
- If you or your child has tested positive for COVID 19 or has become a household contact please call and inform the school.
- Our school gates will be locked between 9:00am and 3:15pm.
- Please remember to sign in at our front office before entering the classrooms.
- From today our nurse Caroline Davies will be here Wednesdays and Thursdays ONLY.

Kia Ora koutou,

Our school and whānau have an opportunity to work with Eastern Bay Primary Health Alliance - youth and adult primary health counselling. Below is a summary of their services:

Welcome to the Primary Health Counselling Services at Eastern Bay Primary Health Alliance

We understand that everyone has different strengths and needs. Together we will implement a support plan through developing skills, knowledge, tools and opportunities to achieve your goals and aspirations. We will walk beside you on your journey, supporting and motivating you to achieve your full potential.

If you think it will be helpful, we may involve other services to ensure that all the elements of your recovering are progressing. We can connect you to other EBPHA support services including:

- Our dietician service provides individualized and practical advice to help improve your nutrition and life-style goals.
- Hāpainga stop smoking support 0800 427 246 to speak with a Quit Coach, or email Hapainga@ebpha.org.nz.
- The Integrated Case Management (ICM) team support people with recovery and independence in the home as well as help navigate health services.
- HIPS & Health Coaches support anyone of any age whose thoughts, feelings or behaviours are impacting on health and wellbeing.
- If you are 20 years of age or older, your doctor or practice nurse can refer you to our counselling service. If between the ages of 10-19 years, you can self-refer or be referred by your doctor, practice nurse, school nurse or by a family member.

This service is free and if you need more information or have any questions please contact the front office on (07) 3665 602.

NĪOREORE PĀNUI

Mauri ora e te whānau,

Kai ngā mate o te wā, otira ki ngā mate huhua nei o tō tātau hāpori, o tō tātau iwi, o tō tātau kura, haere, haere, okioki atu ra. Hoki mai ki a tātau te hunga ora, tēnā rawa atu koutou.

What a rollercoaster few weeks this has been for everyone, not only here at MAS, but for our little town Murupara. I want to acknowledge all of our loved one's that have passed and the hope for their whānau that things will get easier as time goes by. I am so thankful for our amazing Nioreore staff who just exude manaakitanga and aroha for others. Nui noa nei te mihi.

This term's kaupapa ako is Mahinga Kai, everything surrounding the gathering, hunting, preparing and cooking of kai māori. There has been planting of seeds, google slides created of traditional māori kai and their recipe's, to nail art created of animals hunted and gathered right here in our backyard. This week some of our tamariki finished their Project Taputapu about Hīnaki and have made a contemporary hīnaki to go with their storyboards. All of their mahi will be on display next week where you are all invited to our "Wild Food Festival" held at 12.00pm next Friday. This is to whakanui our kaupapa this term, and for tamariki to be able to cook and create a stall with bite sized samples of their kai their class has chosen to cook. So nau mai haere mai e te whanau, and if you have any tuna, ika, tia or poaka to koha and help cook just massage your tamaiti's kaiako as we will be prepping the kai next Thursday and Friday morning. So we all look forward to seeing you all.

Na matau o Nioreore



Tough guy, tough gal challenge

This was an exciting, but very chilly day! We are so proud of all our tamariki who participated in this year's Tough Guy, Tough Gal Challenge a few weeks back. From participating in some challenging obstacle courses, to rolling around in the mud, to going through tunnels, jumping fences, climbing steep hills like Maunga Tawhiuau, our tamariki rocked it!!!

Every student showed perseverance, and all of our Uara whilst participating in this challenge, and we were very impressed with their behaviour. We were also lucky to have a few students come away with some spot prizes as well, so a big congratulations to Ngahuia Beamsley, Wiremu Rua and Whenua Toko. It was a great day to be outdoors and we can't wait to go back next year!!

Na Whaea Fluff

KĀRANGARANGA PĀNUI

Conservation planting day & tuna preservation Friday 9 September - This could not have been possible without the tremendous support and deliberate acts of teaching from Te Runanga o Ngati Manawa-roopu manaaki & the department of conservation.

Many lessons were learned on the day. Our kura uara of akoranga, manaakitanga, whanaungatanga and kotahitanga were implemented with aroha.

Nga mihinui kia koutou katoa



RANGIPŌ/SERVICE ACADEMY PĀNUI

Last Wednesday we had visits from Toi Ohomai and young doctors, nurses and other health workers in various health fields who came to talk to our students about the various careers and career pathways and training on offer. The day was full of positive talk and students were enthusiastic asking good questions and wanting to find out more about opportunities.

As the photos show students took advantage of practicing on each other using the various implements used by health professionals and talking with the experts in the fields of Forestry, IT, Farming, Cookery and what is needed to be a good student.

Our thanks to these organizations and workers for visiting our school.

SENIOR BASKETBALL

MAS Kiwi (Y9/10 Girls) Basketballers played Te Koutu Kotiro 44-30 win, well done girls! Player of the day was Meheyla Delamere- amazing offensive play - she could not miss tonight. Our girls only had 6 players so they showed terrific team work and sportsmanship. Well done ladies!!



WINTER TOURNAMENT 2022

Day 1 of our Junior Boys 4-day basketball tournament. With an early start we played St Johns College in the morning and St Peters Cambridge late afternoon. No wins today, but the boys made us proud, with only 7 in the team it can be quite daunting when the other team subs a whole new team on, however our boys gave it there all and played with everything they had, improving heaps in the second game. Huge thanks to EJ, Tyson and Helena our coaches and referees, also it was great having Dan and Ej's whanau supporting us all, we even had a visit from Whaea Risalie, thank you.

Sunday Day 2 off to an early start once again, Playing Trident High School, things didn't go our way again, but our boys never gave up, always keeping a positive attitude. Huge thanks to Kingi and Eden for helping us out on the score bench, and to Luvi and Ed for coming in again. Only one game today then fish and chips for lunch and a few hoops at the Lake front.

RANGIPŌ / SERVICE ACADEMY PĀNUI

Day 3 – Our boys had another full-on day, first up playing Bethlehem College, they played their hearts out again and gave it their all, the whole-time having fun. After a trip to the laundromat to wash uniforms, then Chinese for lunch at the lake front, again, they love reliving there younger days on the playground, then at 3pm they were up against Raglan, these boys were better matched in size and it was once again a fast paced game, we were great in defence and attacking but try as they would that ball just wouldn't fit through that hoop, there was lots of fun and smiles giving it a good go.

Nga Mihi

Whaea Fi

