



Whaea Miriama and tamariki, Nīoreore

Kia ora koutou katoa,

Hasn't time passed quickly? We are now into Week four of Term 3 and the weather is starting to warm up. There are early signs of spring emerging amidst the bright winter sunshine and so it is with our taura. A warm caring partnership between home and school is the perfect catalyst to grow our taura as future ready, confident, connected, life- long learners. To this end, we ask whanau to join with us to support their Year 9-13 taura, prepare for the preliminary exams coming up in weeks 8 and 9 of this term.

A huge congratulations to our 3 Academy students who flew to Wellington to complete a week- long intensive Leadership Camp. By all accounts our students did us proud and showed us why they are aspiring future leaders. Well done, MacKenzie Gubb, Taiki Joe and Mitchell Houia- Maki.

Well done to all our taura in Rangipō who participated in the Senior Cross Country on Wednesday. I believe that not only did our taura have to run the cross- country track but they had to withstand our stealthy wily Whaea Weka who ambushed them at different parts of the track with cool blasts of water.

On a less positive note the ngārara that we know as COVID has reared its ugly head in Auckland. At Murupara Area School we take the health and well-being of our students and staff seriously. So be reassured that whilst COVID is in Auckland, it is not here. We are continuing to make sure the school is carefully cleaned every day and that taura are taught good hygiene practices.

COVID-19, like the flu, can be spread from person to person. When a person who has COVID-19 coughs, sneezes, or talks, they may spread droplets containing the virus a short distance, which quickly settle on surrounding surfaces. You may get infected by the virus if you touch those surfaces or objects and then touch your mouth, nose, or eyes. That is why it's really important to use good hygiene, regularly wash and thoroughly, dry your hands, and use good cough etiquette.

Keep alert to the regular press conference to update New Zealanders on the Governments response to COVID-19. We understand that the Prime Minister will address the nation at 5.30pm on Friday as to whether the levels that we are currently at, will continue or change. Regardless, whanau, keep safe, use your tracing app and as our Prime Minister, Jacinda Ardern says

"be strong, be kind, we will be OK"

Noho ora mai,

Kura Hingston
Deputy Principal Senior School



KEY DATES

August

- 18 BOT Meeting
- 21 Tough guy & gal Rotorua
- 25 CBOP Rugby League 9's
Tournament Y5-8

24-25 SEPT

Absolute Dental Mobile Clinic
Onsite

September

- 10-11 Preliminary Exams
- 14-15 YR9-10 Exams
- 15 BoT Meeting

25-12 Oct SCHOOL HOLIDAYS

IMPORTANT PARENT NOTICES

- **Please make sure to fill out and return your child's dental forms into their teacher or the school office.**
- Please ring or come into the school office if you have any contact details that need to be updated (addresses or contact numbers) thank you.
- Reminder to all parents that students are not allowed to be on school grounds before 8am at all times.

Nioreore News

Tiakitanga and Akoranga- learning to look after ourselves by following recipes and baking for ourselves and others. Here is a group of Nioreore students baking some double chocolate and peanut brownie biscuits. Tauke koutou!



Nui noa nei te mihi ki a koe Whaea Eve for her endless testing of strep throat in Nioreore and Kārangaranga over the past few years. We wish you well with your

position at Te Runanga o Ngāti Manawa. On that note we welcome Whaea Jaimie who will step into this roll. Nau mai hoki mai Whaea.



Nā Whaea Miriama
Nioreore Hub Leader

Kārangaranga News

Mauriora whānau, In Kārangaranga at the moment we are all learning about how Politics works, for us at school, then at home, in our community and at our marae. We started with politics and school, so learning about how our school is organised, who is responsible for what and most importantly the role we have regarding our responsibilities as tamariki.

The Amazing race

Last Wednesday 5th August Kārangaranga students had several teams participate in the CBOP Interschool Amazing race Yr5-8. This was held at Kuirau Park, Rotorua. Teams of three were given a booklet that had clues, as a team you had to use these clues to find the different subjects. Our Year 7/8 came in second place. Students commented on how cool this event was!



A big thank you to Matua Tanetiki, Whaea Allannah, our drivers Whaea Kaye, and Danielle, a special mention to George and Charlotte for being our number one supporters for the day.

Kārangaranga Sports

Basketball news

Both teams have been training really hard and our results have seen us go from the easy beats to now formidable opponents. The girls played Te Rangihakahaka Matai we lost 38 - 26, and the boys played JPC we won 35 - 15, well done boys.

We would like to apologise to our parents for getting home late last week, unfortunately we have no control over the draw and played a late game which meant we were getting home close to 9.30pm, sorry for any inconvenience here.



Ngā mihi,
Whaea Kohine

Rangipō News

Wednesday 12th August Rangipō Hub had their annual Cross-Country event, which was around the old Kiorenui Village site, and ending up on top of “Posties”. Below are some photos taken on top of “Posties”.



Piper Nepson first of the girls to complete the course, well done Piper!



Treye Olliver another huge improvement in this students' attitude and fitness. Too much Treye!



And the race is on! Mihi Carson leading the boys up “Posties”, Wiremu Thomas-Tanirau, Compton Hiko and Hawani Rutene.

To all the students who participated well done.

**Nā Matua Truby,
Rangipō**

Sports News

On Wednesday 12th August our Rangipo students competed in the Senior Cross Country event held at the Kiorenui Waiora track. All students involved enjoyed their day along with the staff. Well done to all who participated on the day and to all race winners!

1st Place

Year 9- Tyshaun Delamere and Shanika Howden

Year 10- Rico Cairns

Year 11- Aaron Carson and Piper Nepson

Year 12- Legend Moses and Mihi Carson

Year 13- Ethan Sorenson and Eden Te Aho

I would like to thank all staff who helped to make this day successful . Also to Te Runanga o Ngāti Manawa for their support in making our tracks safe for all our tamariki to enjoy.

Ngā mihi,

**Matua Tanetiki
Sports Co-ordinator**

COVID-19 Update

Here at Murupara Area School we work hard to provide the best learning opportunities for all our taura. We also take the health and well-being of our students and staff really seriously.

I understand that many our community have concerns about their children attending school at the moment. There is a huge amount of information about the coronavirus, COVID-19, in the media. Some is important and accurate and some of what is being shared is incorrect or scary. Whānau, please know that

YOU WILL BE TOLD IF THERE IS ANY SIGN OF COVID-19 AT SCHOOL

This update will give you clear information based on the latest advice from the Ministry of Health and the Ministry of Education. You can be confident that the school is receiving updates as things change and that this will be shared with whānau, staff and students as necessary. Our decisions about the daily operation of the school is based on this detailed advice.

COVID-19 is a new illness that can affect your lungs and airways. It's caused by a type of coronavirus.

Symptoms

The symptoms of COVID-19 are:

- a cough
- a high temperature (at least 38°C)
- shortness of breath.

These symptoms do not necessarily mean you have COVID-19. The symptoms are similar to other illnesses that are much more common, such as cold and flu.

If you have these symptoms and have recently been to a country or area of concern, or have been in close contact with someone confirmed with COVID-19, please telephone Healthline (for free) on 0800 358 5453 or your doctor immediately. **DO NOT COME TO SCHOOL** but **DO CALL US** and let us know you are worried.

How it spreads

COVID-19, like the flu, can be spread from person to person. When a person who has COVID-19 coughs, sneezes or talks, they may spread droplets containing the virus a short distance, which quickly settle on surrounding surfaces. You may get infected by the virus if you touch those surfaces or objects and then touch your mouth, nose or eyes. That's why it's really important to use good hygiene, regularly wash and thoroughly dry your hands, and use good cough etiquette.

The situation in NZ and here at Murupara Area School

Firstly, it is important to understand that, although things can change, we still have no community spread of the COVID-19 virus. This means that school closures are not yet planned.

Here at Murupara Area School we are continuing to make sure the school is carefully cleaned every day and that students are taught good hygiene practices. The health authorities are really clear – there is

NO REASON THAT CHILDREN SHOULD NOT BE GOING TO SCHOOL

Our school is a safe environment and the best place for our tamariki to learn. Please support us to minimise the impact on learning and if you have any worries at all ring the office and let us know so we can support you.

It is important to remember that personal hygiene, reducing unnecessary physical contact (hugs, handshakes, and hongi) are still the most important things to do to stop the spread of any virus. I have attached a poster about handwashing and the advice from our local district health board to this newsletter.

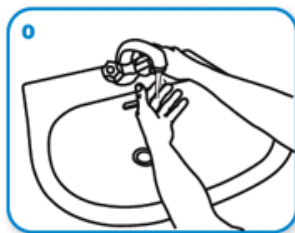
Clean hands protect against infection

Protect yourself

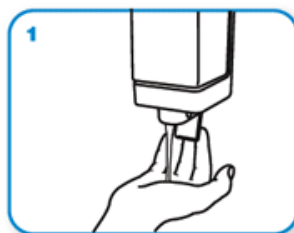
- Clean your hands regularly.
- Wash your hands with soap and water and dry them thoroughly.
- Use alcohol-based hand sanitiser if you don't have immediate access to soap and water.

How do I wash my hands properly?

Washing your hands properly takes about as long as singing "Happy Birthday" twice, using the images below.



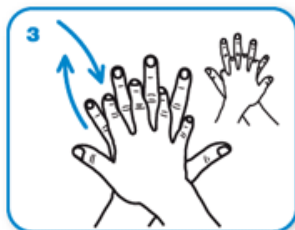
Wet hands with water



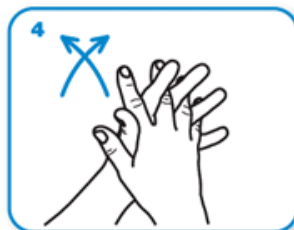
apply enough soap to cover all hand surfaces.



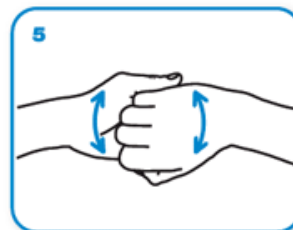
Rub hands palm to palm



right palm over left dorsum with interlaced fingers and vice versa



palm to palm with fingers interlaced



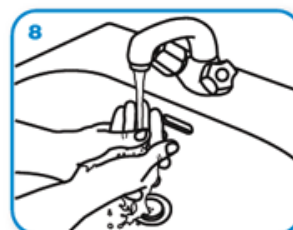
backs of fingers to opposing palms with fingers interlocked



rotational rubbing of left thumb clasped in right palm and vice versa



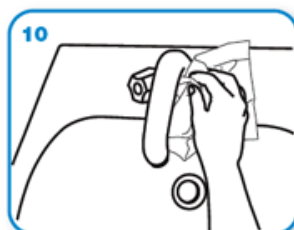
rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa.



Rinse hands with water



dry thoroughly with a single use towel



use towel to turn off faucet



...and your hands are safe.

PROTECTING YOURSELF AND OTHERS AGAINST RESPIRATORY ILLNESS

(such as Influenza and COVID-19)

HANDWASHING IS THE MOST IMPORTANT THING YOU CAN DO TO PROTECT YOURSELF

- Cough or sneeze into your elbow or by covering your mouth and nose with tissues.
- Put used tissues in the bin or a bag immediately.
- Wash your hands with soap and water often (for at least 20 seconds).
- Avoid close personal contact, such as handshakes, hongis, kissing.
- Practice social distancing, avoiding unnecessary contact with others. This does not mean avoiding ALL contact.
- Don't touch your eyes, nose or mouth if your hands are not clean.
- Try to avoid close contact with people who are unwell.
- Avoid sharing cups or food with sick people.
- Clean and disinfect frequently touched surfaces and objects, such as doorknobs.
- Stay home if you feel unwell.

